



BRENTWOOD ACADEMY UPPER SCHOOL GIRLS ATHLETICS

All Brentwood Academy teams, both middle school and upper school, adhere to the rules of the TSSAA 'Dead Period'. During the two weeks beginning June 25 and July 2, no Brentwood Academy coach is to have communications or contact of any kind with a Brentwood Academy student. This allows students and coaches to have a break from school athletics.

FALL SPORTS

CROSS COUNTRY

Coach: Joshua Bell

joshua_bell@brentwoodacademy.com

Athlete/Coaches Meeting: First week of June
Parent Meeting: First week of June

Summer Conditioning:

Begins June 12, 7:30 AM at Steeplechase
Team Camp: July 24-29 Pickett State Park

FOOTBALL CHEERLEADING

Coach: Rebecca Holmes

rebecca_holmes@brentwoodacademy.com

Tryout Clinics: Week of April 17, in the Rock
Tryouts: April 20, 3:00 PM, in the Rock

Summer Strength & Conditioning:

Mondays-Thursdays, June 5-July 20

GOLF

Coach: Buddy Alexander

buddy_alexander@brentwoodacademy.com

Tryouts: Contact Coach Buddy Alexander
Regular season practice begins July 24

SOCCER

Coach: Tina Gallagher

tina_gallagher@brentwoodacademy.com

Tryouts: Late May/Early June

Summer Strength & Conditioning:

June 5 -July 21, Mondays-Thursdays
Practice begins late July

VOLLEYBALL

Coach: Shari Christenson

shari_christenson@brentwoodacademy.com

Tryouts: May 25 10 AM & May 26 8:00 AM
Location Upper School Gym

Summer Strength & Conditioning:

Mondays-Thursdays, June 5-22
Pre-season practice begins July 11
Regular season practice begins July 24

STRENGTH & CONDITIONING

Coach: Kurston Biggers

kurston_biggers@brentwoodacademy.com

For all female athletes not participating in a fall sport

WINTER SPORTS

BASKETBALL

Coach: Rhonda Brown

rhonda_brown@brentwoodacademy.com

Practice & Team Camps:

May 30 -June 22

Summer Strength & Conditioning:

June & July: Mondays-Thursdays, Time (TBD)

Regular-season practice begins early November.

BASKETBALL CHEERLEADING

Coach: Aimee Golenor

coachgolenor@gmail.com

Tryout Clinics: Week of April 17, in the Rock

Tryouts: April 20, 3:00 PM, in the Rock

Summer Strength & Conditioning:

Mondays-Thursdays, June 5-July 20
Regular-season practice begins early November

SWIMMING

Coach: Jim Chapman

jim_chapman@brentwoodacademy.com

Practice begins when school starts and runs through February.

STRENGTH & CONDITIONING

Coach: Kurston Biggers

kurston_biggers@brentwoodacademy.com

For all female athletes not participating in a winter sport

SPRING SPORTS

SOFTBALL

Coach: Greg Brown

jgregbrown@yahoo.com

Summer Strength & Conditioning:

Mondays-Thursdays, June 5 -July 20

Practice begins mid-February
Season begins mid-March

TENNIS

Coach: Robbie McCammon

robbie_mccammon@brentwoodacademy.com

Tryouts: TBD

Summer Strength & Conditioning:

Mondays-Thursdays, June 5-July 20
Practice begins mid-February

TRACK & FIELD

Coach: Rebecca Holmes

rebecca_holmes@brentwoodacademy.com

Summer Strength & Conditioning:

Mondays-Thursdays, June 5-July 20

Winter Track begins 3rd quarter

Regular season practice begins mid-February

STRENGTH & CONDITIONING

Coach: Kurston Biggers

kurston_biggers@brentwoodacademy.com

For all female athletes not participating in a spring sport

If you are interested in participating in a fall sport or basketball, contact the corresponding coach via email (preferably, by May 1) for detailed summer schedule and further information.