



BRENTWOOD ACADEMY

# Winterim

## Education Beyond the Classroom

### **2025 Local Education Course Offerings**

**\*Details of these courses are subject to change before registration begins in Fall 2024.**

#### **Artistic Expression through Pottery and Glass**

Unearth your inner artist at the Clay Lady's campus in Nashville. Each day will provide you with a hands-on opportunity to create your own pieces of art. We will spend one day working on stained or fused glass projects. The other two days will be spent working with clay using hand building techniques and the potter's wheel.

#### **Best of Nashville**

Spend three days seeing all of the best sites (and eating at some of the classic "foodie" restaurants) of Nashville. Highlights include: Touring history at Andrew Jackson's Hermitage, a backstage tour at the Ryman Auditorium, the Country Music Hall of Fame, the Lane Motor Museum, the Parthenon, and the Belle Meade Plantation; eating at places like Prince's Hot Chicken, DeSano Pizza, and Edley's BBQ; then in the afternoons helping to break out of a room at "The Escape Game"; playing a few rounds at TopGolf; and taking a complete behind the scenes tour of the brand new Nissan Stadium, including the Titan's locker room, T-Rac's dressing room, the scoreboard room, press boxes...the works!

#### **Chess Clinic**

Learn chess from a master, Todd Andrews and a number of coaches from Nashville Chess Center will lead this course. Whether you know nothing about chess and want to learn how to play or love chess and want a chance to play against an international chess master, this three-day chess clinic will provide chess instruction at your level and challenge you to engage in a centuries old tradition of strategy, intellect, and wit. Compete against fellow students, teachers, artificial intelligence, and an international chess master.

## **Caves, Planes, Wings, and Things.**

On this Winterim, we will visit a few lesser-known places that are located two hours or less from home. We will hike along trails with beautiful scenery and waterfalls in areas once used by Native Americans. We will visit a world class aviation museum, eat at a historic diner, and tour Tennessee's biggest show cave. We will also eat the best chicken wings in the state. Finally, we will tour the home of a Revolutionary War participant that routinely hosted President Andrew Jackson, eat at the best family-style restaurant in Nashville, and finish the day with some indoor go-karting.

## **Choosing to Serve and Internships**

We want to allow our students to have real-world experiences in several varied environments. This program allows students to serve at a non-profit or internship both locally and out of town (with special permission). The goal of service is to use your gifts in the service to an organization with humility and love. In the past, students have served at Grace Works Ministries, Second Harvest Food Bank, Catholic Charities as well as many other local charities and churches. You are expected to serve for a minimum of four hours per day. The goal of internship is for the participant to engage with a professional willing to host him in an office/work setting to learn more about a particular industry and possible future professional opportunities. Interns should expect to be occupied for most of a standard workday or for a minimum of four hours per day. Specific plans will be discussed on an individual basis.

Neither those who serve nor those who complete an internship should expect to be paid. All participants are required to secure their service or internships positions and meet all deadlines as outlined after admission into this Winterim course. Those wishing to work out of town will also need the approval of both the Director of the Upper School as well as the Dean of Student Life. We expect students pursuing this type of independent work to be in good standing at BA. All participants in both the service and internship programs are required to provide their own transportation to and from their volunteer sites. Again, students must be prepared to make all necessary arrangements for their programs. A specific list of all required deadlines will be provided after enrollment in this program, but participants must expect to have their plan set up by November 8, 2024.

## **Creatively Crafting With Calligraphy**

Retired BA teacher, Mrs. Ginger Mize, will share her expertise in and love of calligraphy in a fun three days of Winterim! Students will come away with a toolbox full of useful knowledge for creating gifts and cards, starting a beautiful hobby for themselves, or even an opportunity for profit if they pursue the art and sell their creations. Each student will receive a resource handbook with tips and tricks that will be taught in the class, as well as the basic tools needed to begin the hobby. This will be a fun time of learning and practicing calligraphy! Students will come away with some beautiful projects to keep or share with others!

## **Discovering the HeART of Nashville**

In this Winterim, we will immerse ourselves in the vibrant and varied visual art experiences our wonderful city has to offer. We will look at the many ways professional artists are making an impact and sharing their talents and creative voices with the Nashville community.

Day One: We will tour the iconic Hatch Show Prints and learn not only about the process of printmaking, but the role of Hatch in the history and growth of Music City. Hatch Show Prints is one of America's oldest letterpress shops, in business since 1879. They have created original art for Elvis Presley, Grand Ole Opry stars, and contemporary artists like The Black Keys and Ed Sheeran. While at Hatch we will participate in a hands-on workshop to better understand what letterpress printmaking is about.

Day Two: We will meet an art educator turned entrepreneur and spend the morning in a hands-on workshop held in her home studio. You will design and create an original piece of art during this experience.

Day Three: We will take a tour of some of the different murals seen across Nashville, learn about their history, and speak firsthand with one of the mural creators understanding how a mural comes to be from concept through completion. And of course, there will be plenty of photo-ops to document our travels. In this creative adventure, you will travel to different neighborhoods in the city, finding the "HeART of Nashville", experiencing different art studios, and having lunch together at some of Nashville's favorite eateries after a morning of art exploration and creation. Cost includes instruction, materials, supplies, and lunch each day.

## **Exploring the Turf Management Industry**

In this session, students will be exposed to the field of turf management. Participants will spend one day with a greens superintendent at a local golf course; one day with a specialist in artificial field turf installation, and one day with a local, natural, grass grounds keeper for a local college or professional sports team. Turf management is one of the most popular new majors at many universities. Join us to explore career possibilities in this field.

## **Girls' Mountain Retreat and Bible Study**

Spend three days and two nights in a chalet on the peaceful side of the Great Smoky Mountains during this Winterim course. Together, we will study God's Word, hike scenic trails, enjoy meals, laugh, and relax in this beautiful get-away. "I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth." (Psalm 121: 1-2)

## **Great American Film Studies**

America has a rich history with film. This Winterim course offers students the opportunity to learn while watching two films per day, with a variety of genres, directors, and techniques. Students will be exposed to western, musical, noir/suspense/mystery, war, silent, epic, action, and comedy.

## **Hearing God's Voice**

This course will be a three-day, on-campus time of drawing closer to God and one another as we discuss various topics of faith, life, and culture. Our mornings will be filled with general-session speakers, practicing spiritual disciplines, break-out discussions, team-building and culture-shaping activities, and more. We will meet each day on campus from 8:00 AM - 12:00 PM. Snacks will be provided during some of the sessions, but students are responsible for their own lunches.

## **It's Not Monopoly**

This course is intended as an introduction to the wide array of European board games. Unlike most American games that rely on roll and move and then repeat that action for the extent of the game (like Monopoly), these games involve a range of actions and require tactical adjustments throughout the game. As a result of the structure of these games, students have to process a sequence of cognitive demands that provide immediate feedback in response to decision making. Students must learn to analyze decisions in terms of risk vs reward and process the potential trade-offs between short-term gains and long-term investments. Games will scale up from those of the lighter variety that depend on bluffing and negotiation to the moderate challenge of choosing from a menu of options that rewards some planning and attention to the choices of other players. Players may move into strategic games designed to reward a player who can read the game set-up and execute a plan entailing short-term losses in order to ensure the ultimate destruction of opponents through a dominant point-generating engine.

## **The Meaning of Life: A Study of Ecclesiastes (FREE)**

In this Winterim, we will study Ecclesiastes and explore the purpose of our existence over coffee and/or breakfast. Then we will reflect on what we have studied while hiking local trails around Nashville. We will discuss our struggles while enjoying God's beautiful creation. This will be an unforgettable time of reflection and direction.

## **Pen Turning - Woodworking**

In this Winterim, students will explore the art of woodworking at WOODCRAFT in Franklin. This Winterim course will include learning the art of turning pen on a laythe taught by qualified instructors. The cost will include the material that students will be expected to work with, but additional materials may be purchased for an additional cost. This cost will vary based on the material purchased.

## **Rape Aggression Defense (RAD)**

The Brentwood Police Department's R.A.D. program is a 12-hour basic self-defense course. This course is offered for women 13 years of age and up. This is a "go at your own pace" program designed for virtually all fitness and skill levels. During the program, students will learn practical ways to make yourself a hard target in various situations; learn and practice easy, effective, physical techniques to defend yourself in a confrontation; be provided the opportunity to use the techniques learned against an aggressor in a controlled environment; have an empowering experience that gives women confidence in themselves; and gain a lifetime return and practice guarantee.

## **Sport Psychology**

This course will help students expand their skills and knowledge in the study of Sport Psychology. Coach Wilhoit has a Masters in Sport Psychology from the University of Tennessee and will share his experiences as a kicker from 2003-2006 & as the Specialist Coach for the Tennessee Titans. Students will spend time in the classroom each day learning the concepts of Sport Psychology & reading excerpts from Bob Rotella's book Golf is Not a Game of Perfect. They will learn about mental imagery, positive self talk, and quality practice. Students will also participate in activities to test the skills they have learned and to see how students react under pressure. During the Winterim experience students will visit TopGolf Nashville and go bowling. Transportation will be provided but **lunch will not be provided**. Please plan to bring a snack or eat at TopGolf & bowling.

## **Tennessee Trout Adventure & Fly Fishing Clinic**

Students will learn the basic requirements of fly fishing, knot tying skills, how to read water, hook and play fish, and properly handle and release fish. Students will visit the Erwin National Fish Hatchery, learning from wildlife officers about the various trout species and their habitat in Tennessee in addition to hiking surrounding nature trails. The Winterim experience will culminate with a half-day, guided fly fishing float trip on the amazing Wautga River near Bristol, TN where students can put their new found skills to the test, pursuing monster brown trout!

## **WWII and the Just War Theory**

In this course, we will begin a brief exploration of the theory of a just war by early church theologians, St. Augustine and Thomas Aquinas. These Christian thinkers—as well as many contemporary leaders—have all struggled with the idea of taking a human life via state sanctioned violence. However, as some have argued, because states have a duty to defend their citizens and uphold the cause of justice, protecting human life may sometimes require the use of force and violence to protect the innocent. To further explore these ideas, we will watch several classic WWII movies and discuss whether this was a just war in both the Pacific and European theaters of war.