



BRENTWOOD ACADEMY

# Winterim

## Education Beyond the Classroom

### **2024 Local Education Course Offerings**

**Registration will begin in Fall 2023.**

- **Friday, 9/15 opens at 6 AM for seniors**
- **Monday, 9/18 opens at 6 AM for juniors**
- **Wednesday, 9/20 opens at 6 AM for sophomores**
- **Friday, 9/22 opens at 6 AM for freshmen**
- **Monday, 9/25 registration is closed for all students.**
- **Note: To allow registration to open to a new class, the system will temporarily shut down at 9 PM the night before opening for a new group. For example: the system will close at 9 PM on Sunday, 9/17 and reopen at 6 AM on Monday 9/18.**

### **Artistic Expression through Pottery and Stained-Glass Creation (\$250)**

Unearth your inner artist at the Clay Lady's campus in Nashville. Each day will provide you with a hands-on opportunity to create your own pieces of art. We will spend one day working on stained or fused glass projects. The other two days will be spent working with clay using hand building techniques and the potter's wheel.

- Sponsor: Mrs. Amy Clarke
- Number of participants: 12-16; grades 9-12
- Cost: \$250, due at registration
- Dates: January 3-5, 2024

### **Basketball - Boys' Team**

The rostered Varsity & JV teams will need to sign up for the Boys' Basketball Winterim course. You will visit local colleges, learning about practices and expectations to play at the next level. You will also have some team bonding experiences. Details will be provided by Coach Blackston. You will not pay anything at registration, but you **MUST** register for this course in CampBrain.

Players rostered on the the 9th grade team will need to sign up for a local Winterim course from one of the many amazing selections in this catalog. Be sure to pick something that allows you to practice in the afternoon.

## **Basketball – Girl’s Team**

Girls on the basketball team should sign up for a LOCAL course for Winterim. Choose from one of the many amazing selections in this catalog. Be sure to pick something that allows you to practice in the afternoon.

## **Caves, Planes, Wings, and Things (\$165)**

On this Winterim, we will explore several lesser-known places of interest within two hours from home. We will hike along trails with beautiful scenery and waterfalls in areas once used by Native Americans. We will visit a world class aviation museum, eat at a historic diner, and tour Tennessee’s biggest show cave. We will also eat the best chicken wings in the state. Finally, we will tour the home of a Revolutionary War participant where President Andrew Jackson was routinely hosted, eat at the best family style restaurant in Nashville, and finish the day with some indoor go-karting.

Day 1: Manchester- Old Stone Fort State Archeological Park, Jiffy Burger, Beechcraft Heritage Museum. Day 2: McMinnville/Smyrna- Cumberland Caverns, Toot’s. Day 3: Nashville- Travellers Rest, Monell’s, K1 Speed Indoor Go Kart Racing

- Sponsor: Mr. Randy O’Bryan
- Cost: \$165 (does not include meals); due at registration
- Number of participants: 4-14; grades 9-12

## **Choosing to Serve and Internships (FREE)**

We want to allow our students to have real-world experiences in several varied environments. This program allows students to serve at a non-profit or internship both locally and out of town (with special permission).

- The goal of service is to use your gifts in the service to an organization with humility and love. In the past, students have served at Grace Works Ministries, Second Harvest Food Bank, Catholic Charities as well as many other local charities and churches. You are expected to serve for a minimum of four hours per day.
- The goal of internship is for the participant to engage with a professional willing to host him or her in an office/work setting to learn more about a particular industry and possible future professional opportunities. Interns should expect to be occupied for most of a standard workday with a minimum of four hours per day. Specific plans will be discussed on a case-by-case basis.

Neither those who serve nor those who complete an internship should expect to be paid. All participants are required to secure their service or internships positions and meet all deadlines as outlined after admission into this course. Those deadlines will be no later than November 2023. Those wishing to work out of town will also need the approval of both the Upper School Director as well as

the Dean of Student Life. We expect students pursuing this type of independent work to be in good standing at BA. All participants in both the service and internship courses are required to provide their own transportation to and from their worksites. Students must be prepared to make all necessary arrangements for their Winterim selection. A specific list of all required deadlines will be provided after enrollment in this program, but participants must expect to have their plan set up by mid-November 2023.

- Sponsor: Mr. Matt Golenor
- Number of participants: 1-10; grades 10-12
- Cost: Free

### **Cooking Around the World (\$350)**

Embark on a journey for your taste buds at the Black Diamond Culinary in Franklin. You and a small group of students will spend three magical mornings learning cooking techniques and preparing delicious meals with a professional chef. To put the cherry on top, you'll be enjoying the fruits of your labor! The menu items you make in class will be enjoyed for lunch. Some of the menu items include Italian classics like fresh homemade pasta and tiramisu, Mexican enchiladas and rice, and you "butter" believe it - savory and sweet French crêpes!

- Sponsor: Mrs. Tessa Tiner
- Number of participants: 10-16; grades 9-12
- Cost: \$350, due at registration

### **Creatively Crafting with Calligraphy (\$80)**

Retired BA teacher Mrs. Ginger Mize imparts her expertise during a fun three days of calligraphy! Students will come away with an arsenal of knowledge useful for making gifts and cards, creating beauty for yourself, or even making a profit if you pursue the art and sell your work. Each student will receive a handbook full of the information, tips, and tricks you will learn in the class, as well as the calligraphy tools needed. This will be a great time of learning and practicing calligraphy. You may even come away with some projects to keep for yourself or share with others!

- Sponsor: Ms. Betsy Cate
- Number of participants: 6-15; grades 9-12
- Cost: \$80, due at registration

### **Exploring the Turf Management Industry (\$30)**

In this session students will learn about the field of turf management. Participants will spend one session with a greens superintendent at a local golf course, one day with a specialist in artificial field turf installation, and one day with a local natural grass grounds keeper at a local college or

professional sports team. Turf management is one of the most popular new majors at many universities. Join us to explore career possibilities in this field.

- Sponsor: Mr. Michael Brown, Mr. Richard Pickle
- Number of participants: 5-18; grades 9-12
- Cost: \$30; students will need money for lunch

### **Find the heART of Nashville (\$190)**

Students will learn about different types of art-making experiences found in our city including letterpress printmaking, sneaker design, large mural painting, and photography through hands on workshops and instruction from local professional artists. On day one, we will be at HatchShowPrints, day two will offer a mural tour of Nashville from West Nashville to the Gulch and all points in between. Finally, on day three we will find ourselves at White Brick Studio. The Winterim price includes lunch every day and a new pair of shoes designed by an artist!

- Sponsor: Mrs. Janet Laws
- Number of participants: 5-10; grades 9-12
- Cost: \$190, due at registration

### **Girls' Mountain Retreat and Bible Study in Townsend, TN (\$250)**

Spend three days and two nights in a chalet on the peaceful side of the Great Smoky Mountains. We will study God's Word together, as well as hike scenic trails, enjoy meals, laugh, and relax in this beautiful get-away. "I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth." (Psalm 121:1-2)

- Sponsor: Mrs. Wendy Chapman, Mrs. Dixie Christian
- Number of participants: 12-20 GIRLS ONLY; grades 9-12
- Cost: \$250, due at registration

### **Hearing God's Voice: Spiritual Practices for Meeting with God. (FREE)**

Students will be introduced to various ways God speaks to us and have the opportunity to participate in a variety of Christian practices that can put us in a position to better discern God's voice in our lives.

- Sponsor: Mr. Matt Brown
- Number of participants: 5-20; grades 9-12
- Cost: Free

## **History and Fame of Nashville (\$210)**

Spend three days seeing all the best sites (and eating at some of the classic “foodie” restaurants) of Nashville. Highlights include: Touring history at Andrew Jackson’s Hermitage, the Ryman Auditorium backstage tour, the Country Music Hall of Fame, the Lane Motor Museum, the Parthenon, and the Belle Meade Plantation; eating at places like Pancake Pantry, DeSano Pizza, and Edley’s BBQ; then in the afternoons helping to break out of a room at “The Escape Game”; playing a few rounds at TopGolf; and taking a complete, behind the scenes tour of Nissan Stadium, including the Titan’s locker room, T-Rac’s dressing room, the scoreboard room, and press boxes!

- Sponsor: Dr. Tom Cox
- Number of participants: 15-23; grades 9-12
- Cost: \$210, due at registration

## **It’s Not Monopoly: Analysis, Cognition and Strategy through Games (\$15)**

This course is intended as an introduction to the wide array of European board games. Unlike most American games that rely on roll and move and then repeat that action for the extent of the game (like Monopoly), these games involve a range of actions and require tactical adjustments throughout the game. As a result of the structure of these games, students have to process a sequence of cognitive demands that provide immediate feedback in response to decision-making. Students must learn to analyze decisions in terms of risk vs reward and process the potential trade-offs between short-term gains and long-term investments. Games will scale up from those of the lighter variety that depend on bluffing and negotiation to the moderate challenge of choosing from a menu of options that rewards some planning and attention to the choices the other players are making. Depending on the experience of the group, players may move into strategic games designed to reward a player who can read the game set-up and execute a plan that entails short-term losses in order to insure the ultimate destruction of the opponents through the production of a dominant point-generating engine.

- Sponsor: Mr. Ley Brown
- Number of participants: 5-10; grades 9-12
- Cost: \$15, due at registration

## **Journalism/Advertising in Nashville (\$60)**

Students will spend three days learning and gaining hands on experience in Journalism/Marketing. We will spend time at WSMV, a local news station, where students will hear from reporters, producers, anchors and meteorologists, participate in Today In Nashville production, and work with the marketing, sales, and digital marketing teams. We may also partner with the Titans/Preds and a sports production company in town. Cost includes lunch every day.

- Sponsor: Ms. Hannah Santi
- Number of participants: 10-20; grades 9-12

- Cost: \$60

### **Jump, Jive, and Swing with Wellness (\$60)**

The purpose of this Winterim is to explore the relationship between nutrition and exercise in an effort to find a happy medium. The course will include participation in various dance classes. Each class will be completely different to spark an interest in each individual participant. The dance genres include swing, tango/salsa, ballroom, and hip hop. The nutrition component will include nutrition care led by BA alumnus, Paris Whelan '21, who studies Nutrition Science at NYU in NYC. We will visit local restaurants specializing in locally grown nutritious meals, such as Chopt, Juice Bar, and Herban Market. Students are responsible for their own transportation to DC Dance Factory and local restaurants. Meals are not included in the cost.

- Sponsor: Mrs. Kimberly Montiel
- Number of participants: 20; grades 9-12
- Cost: \$60

### **Life Skills 101: Guide for Leaving Home to Living on Your Own (FREE)**

This course provides students with a set of practical skills to use in future adult life. Learning to budget once you are on your own is critical to understand self-sufficiency. Living on your own you will have to learn to do your own laundry and fix simple things around your house. Learning how to work problems out, will help you grow your critical thinking skills. You will also need to learn basic automotive repair to minimize your costs that could affect your budget substantially. Lastly, if you are living on your own and going to school, you should be able to cook budget-friendly meals that will not deplete your monthly allowances, and you will be given possible options to cook for yourself.

- Sponsor: Mr. José Chavira
- Number of participants: 5-10; grades 9-12
- Cost: Free

### **The Meaning of Life: A Study of Ecclesiastes (FREE)**

In this Winterim, we will study Ecclesiastes and explore the purpose of our existence over coffee and/or breakfast. Then we will reflect on what we have studied while hiking local trails around Nashville. We will discuss our struggles while enjoying God's beautiful creation. This will be an unforgettable time of reflection and direction.

- Sponsor: Mr. Lyle Husband
- Number of participants: 5-10; grades 9-12
- Cost: Free; students will need money for breakfast/lunch

### **The Study of Empathy (\$40)**

We will be guiding students through hot button issues currently taking place in America. As Christians, it is easy to look at these issues through a cultural perspective instead of a 'Kingdom' perspective. It is the 'Kingdom' that King Jesus preached about when he walked the earth before his crucifixion and resurrection. We will break down racial tensions, sexual orientations, and what it means to be pro-life. This course will be life changing for students willing to share their thoughts respectfully, listen to others attentively, and love people unconditionally. The goal is not necessarily to agree. The goal is to learn Christ-centered empathy through difficult conversations.

- Sponsors: Mr. Austin Groves, Dr. René Rochester, Mr. John Ayala
- Number of participants: 10-20; grades 9-12
- Cost: \$40, due at registration

### **The Study of American Film (FREE)**

The Study of American Film covers many genres and many eras. The selections we will view are from The National Film Institute list of one hundred greatest films from the past 100 years. The course will average two films a day, thus students will view a total of six movies. Information detailing the films will be given on the first day of class.

- Sponsor: Mrs. Cameron Phillips
- Number of participants: 5-20; grades 10-12
- Cost: Free

### **Then Sings My Soul: An Introductory Look at the Book of Psalms (FREE)**

Students will gain a clearer understanding of the nature and necessity of the Bible, while learning how to observe, interpret, and apply the Psalms. Our time together will comprise of video resources, practice passages, prayer and devotional practices, and discussion. The magnificent world of the Psalms, the prayer and songbook of God's people, will open up as we dive into this spiritual and literary masterpiece.

- Sponsor: Mr. Linus Nguyen
- Number of participants: 5-20; grades 9-12
- Cost: Free

### **WWII and the Just War Theory (\$30)**

In this course, we will begin with a brief exploration on the theory of a just war by early church theologians, St. Augustine and Thomas Aquinas. These Christian thinkers—as well as many contemporary leaders—have all struggled to reconcile the idea of taking a human life via state sanctioned violence. However, states have a duty to defend their citizens and uphold the idea of

justice. And, as a result, protecting human life may sometimes require the use of force and violence to protect the innocent. To further explore these ideas, we will watch several WWII classic movies and discuss whether this was a just war in both the Pacific and European theatre of battle.

- Sponsor: Mr. Dan Cutsinger
- Number of participants: 2-20; grades 9-12
- Cost: \$30, due at registration

### **Women's Self Defense (\$40)**

The Brentwood Police Department's Women's Self-Defense program is a 12-hour basic self-defense course. This course is offered for women 13 years of age and up. This is a "go at your own pace" program designed for virtually all fitness and skill levels. Benefits of the program include: practical ways to make yourself a hard target in various situations, techniques to defend yourself in a confrontation, the opportunity to use the techniques learned against an aggressor in a controlled environment, an empowering experience that gives women confidence in themselves.

- Sponsors: Mrs. Heidi Compton, Mrs. Kerry Bauchiero
- Number of participants: 10-25 GIRLS ONLY; grades 9-12
- Cost: \$40, due at registration

### **Wrestling Team**

All wrestlers should register for the wrestling team Winterim. All details and payments will be handled through Coach Travis. Please make sure you log into the Winterim registration site and sign up for the wrestling course.