



BRENTWOOD ACADEMY

Winterim

Education Beyond the Classroom

2025 Local Education Course Offerings

Artistic Expression through Hand-built Pottery

Unearth your inner artist at the Handmade Studio TN in Nashville. We will spend three days working with clay using hand-building techniques to craft beautiful pieces of pottery. Each day will provide you with a hands-on opportunity to create your own pieces of art such as catch-all bowls, textured vases, ceramic mugs, and ceramic jewelry.

Best of Nashville

Spend three days seeing all the best sites (and eating at some of the classic “foodie” restaurants) of Nashville. Highlights include: Touring history at Andrew Jackson’s Hermitage, the Ryman Auditorium backstage tour, the Country Music Hall of Fame, the Lane Motor Museum, the Parthenon, and the Belle Meade Plantation; eating at some of Nashville’s favorite restaurants like Prince’s Hot Chicken, DeSano Pizza, and Edley’s BBQ; then having some fun in the afternoons by breaking out of a room at “The Escape Game”; playing a few rounds at TopGolf; and taking a complete behind the scenes tour of the brand new Nissan Stadium, including the Titan’s locker room, T-Rac’s dressing room, the scoreboard room, press boxes...the works!

Boys Basketball Winterim

Participants will watch a college basketball practice, tour a college campus, hear from a player panel, and hear from a coach on staff. We will also bond together as a team while serving the Greater Nashville community. The specific service projects are still being determined. There is no cost, but students should bring their own lunch money for each day.

Caves, Planes, Wings, and Things.

On this Winterim, we will visit a few lesser-known places located within two hours of home. We will hike along trails with beautiful scenery and waterfalls in areas once used by Native Americans. We will visit a world class aviation museum, eat at a historic diner, and tour Tennessee's biggest show cave. We will also eat the best chicken wings in the state. Finally, we will tour the home of a Revolutionary War participant that routinely hosted President Andrew Jackson, eat at the best family style restaurant in Nashville, and finish the day with some indoor go-karting.

Chess Clinic

Learn chess from a master, Todd Andrews and coaches from Nashville Chess Center. Whether you are new to the game and hoping to learn the basics or you love chess and want a chance to play against an international chess master, this three-day chess clinic will provide instruction at your level and challenge you to engage in a centuries old tradition of strategy, intellect, and wit. Compete against fellow students, teachers, artificial intelligence, and an international chess master.

Choosing to Serve and Internships

We want to allow our students to have real-world experiences in several varied environments. Students selecting this Winterim will serve at a non-profit or internship either locally or out of town (with special permission). The goal of **service** is to use your gifts in the service to an organization with humility and love. In the past, students have served at Grace Works Ministries, Second Harvest Food Bank, Catholic Charities, and many others. Students are expected to serve for a minimum of four hours per day. The goal of **internship** is for the participant to engage with a professional willing to host them in an office or work setting to learn more about a particular industry and future professional opportunities.

Creatively Crafting With Calligraphy

Retired BA teacher, Mrs. Ginger Mize, will share her expertise in and love of calligraphy in a fun three days of Winterim! Students will come away with a toolbox full of useful knowledge for creating gifts and cards, starting a beautiful hobby for themselves, or even an opportunity for profit if they pursue the art and sell their creations. Each student will receive a resource handbook with tips and tricks that will be taught in the class, as well as the basic tools needed to begin the hobby. This will be a fun time of learning and practicing calligraphy! Students will come away with some beautiful projects to keep or share with others!

Discovering the HeART of Nashville

In this Winterim, we will immerse ourselves in the vibrant and varied visual art experiences offered in our wonderful city. We will look at the many ways professional artists make an impact and share their talents and creative voices with our community. Day One: We will tour the iconic Hatch Show Prints to learn about the process of printmaking and the role of Hatch in the history and growth of Music City. Hatch Show prints is one of America's oldest letterpress shops, in business since 1879. They have created original art for Elvis Presley, Grand Ole Opry stars and contemporary artists like Luke Combs and Ed Sheeran. Students will participate in a hands-on workshop to better understand letterpress printmaking. Day Two: We will meet an art educator turned entrepreneur and spend the morning in a hands on workshop in her White Brick Studio. Students will design and craft a pair of shoes in this experience. Day Three: We will spend the morning at Handmade Studio TN in Germantown creating a small ceramic bowl. We will tour this amazing studio and spend time with young creatives making a living with their art and providing experiences and inspiration. After our mornings of exploration and creativity, we will have lunch together at some of Nashville's favorite eateries. Cost includes lunch.

Exploring the Turf Management Industry

In this session students will be exposed to the field of turf management. Participants will spend one session with a greens superintendent at a local golf course; one day with a specialist in artificial field turf installation and one day with a natural grass grounds keeper at a local college or professional sports team. Turf management is one of the most popular new majors at many universities. Join us to explore career possibilities in this field!

Girls' Mountain Retreat and Bible Study

Spend three days and two nights in a chalet on the peaceful side of the Great Smoky Mountains. We will study God's Word together, as well as hike scenic trails, enjoy meals, laugh, and relax in this beautiful get-away. "I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth." Ps 121: 1-2

Great American Film Studies

America has a rich history with film. This Winterim course offers students the opportunity to learn while watching two films per day, with a variety of genres, directors, and techniques. Students will be exposed to western, musical, noir/suspense/mystery, war, silent, epic, action, and comedy.

Hearing God's Voice

This course will be a three-day, on-campus time of drawing closer to God and one another as we discuss various topics of faith, life, and culture. Our mornings will be filled with general-session speakers, practicing spiritual disciplines, break-out discussions, team-building and culture-shaping activities, and more. We will meet each day on campus from 8:00 AM – 12:00 PM. Snacks will be provided during some of the sessions, but students are responsible for their own lunches.

It's Not Monopoly

This course is intended as an introduction to the wide array of European board games. Unlike most American games that rely on roll and move and then repeat that action for the extent of the game (like Monopoly), these games involve a range of actions and require tactical adjustments throughout the game. As a result of the structure of these games, students have to process a sequence of cognitive demands that provide immediate feedback in response to decision making. Students must learn to analyze decisions in terms of risk vs reward and process the potential trade-offs between short-term gains and long-term investments. Games will scale up from those of the lighter variety that depend on bluffing and negotiation to the moderate challenge of choosing from a menu of options that rewards some planning and attention to the choices of other players. Players may move into strategic games designed to reward a player who can read the game set-up and execute a plan entailing short-term losses in order to ensure the ultimate destruction of opponents through a dominant point-generating engine.

The Meaning of Life: A Study of Ecclesiastes

In this Winterim, we will study Ecclesiastes and explore the purpose of our existence over coffee and/or breakfast. Then we will reflect on what we have studied while hiking local trails around Nashville. We will discuss our struggles while enjoying God's beautiful creation. This will be an unforgettable time of reflection and direction.

Now Concerning Theology and Science: An Exploration of the Relationship between Science and Theology

This seminar will explore the relationship between Science and Theology. This will be done through discussions, videos, and field trips bringing attention to the concept of worldviews, particularly contrasting naturalism and theism. How should we rightly understand science and theology? The scientific method will be compared and contrasted with the inductive method of biblical interpretation. Further, various religion and science thinkers, like John Lennox and Eric Metaxas, in the contemporary context, as well as great scientists of the past, like Sir Isaac Newton and Blaise Pascal will be highlighted. This seminar, though it will be informative, will primarily be an opportunity to worship and highlight God's hand in the order of his creation and begin to unwrap the cultural mandate—all for God's glory!

Pen Turning - Woodworking

Explore the art of woodworking at WOODCRAFT in Franklin. This will include learning to turn pen on a lathe and will be led by qualified instructors. Cost will include material.

Rape Aggression Defense (RAD)

The Brentwood Police Department's R.A.D. program is a 12-hour basic self-defense course. This course is offered for women 13 years of age and up. This is a "go at your own pace" program designed for virtually all fitness and skill levels. During the program, students will learn practical ways to make yourself a hard target in various situations; learn and practice easy, effective, physical techniques to defend yourself in a confrontation; be provided the opportunity to use the techniques learned against an aggressor in a controlled environment; have an empowering experience that gives women confidence in themselves. Lifetime return and practice guarantee.

Sport Psychology

This course will help students expand their skills and knowledge in the study of Sport Psychology. Coach Wilhoit has a Masters in Sport Psychology from the University of Tennessee and will share his experiences as a kicker from 2003-2006 & as the Specialist Coach for the Tennessee Titans. Students will spend time in the classroom each day learning the concepts of Sport Psychology & reading excerpts from Bob Rotella's book Golf is Not a Game of Perfect. They will learn about mental imagery, positive self talk, and quality practice. Students will also participate in activities to test the skills they have learned and to see how students react under pressure. During the Winterim experience students will visit TopGolf Nashville and go bowling.

Tennessee Trout Adventure & Fly Fishing Clinic

Students will learn the basic requirements of fly fishing, knot tying skills, how to read water, hook and play fish, and properly handle and release fish while staying at the premier Tailwaters Lodge in Bristol, TN. Students will visit the Erwin National Fish Hatchery, learning from wildlife officers about the various trout species and their habitat in addition to hiking surrounding nature trails. The experience will culminate with a half-day, guided fly fishing float trip on the amazing Wautga River near where students can put their new found skills to the test, pursuing monster brown trout!

WWII and the Just War Theory

In this course, we will begin a brief exploration of the theory of a just war by early church theologians, St. Augustine and Thomas Aquinas. These Christian thinkers—as well as many contemporary leaders—have all struggled with the idea of taking a human life via state sanctioned violence. However, as some have argued, because states have a duty to defend their citizens and uphold the cause of justice, protecting human life may sometimes require the use of force and violence to protect the innocent. We will watch several classic WWII movies and discuss whether this was a just war in both the Pacific and European theaters of war.